# Pediatric Milestone Checklist

## BIRTH TO 1 YEAR

#### Birth to 2 Months

- Does not cry when hungry or uncomfortable
- Does not make cooing sounds
- Difficulty breast or bottle feeding
- □ Significant loss of breast milk/formula outside of his/her mouth during feeding
- $\Box$  Does not react to loud sounds
- Does not turn head towards noises
- □ Is not soothed when hearing a familiar voice
- □ Cry does not vary in pitch, length, or volume to indicate different needs

### 5 to 7 months

- Does not babble while playing or in response to toys that make sounds
- Does not eat from a spoon
- Does not respond to sounds
- Does not like early solid foods (baby food, yogurt, infant cereal, pureed fruits & veggies)
- Difficulty swallowing early solids or other feeding issues
- Cannot sit without support
- Cannot roll from back to stomach

## 9 to 12 months

- Does not successfully eat early finger foods
- Cannot babble single consonants (Example- "ba" "da", "ma")
- Does not respond when his/her name is called
- Does not babble or try to talk when playing alone
- Does not play any games involving back and forth play (Example- "pat-a-cake" or "peek-a-boo")
- □ Is not pulling up to a standing position
- □ Has not taken first steps with support

## 3 to 5 Months

 Does not look at you while eating
 Does not respond to sounds
 Does not laugh or make squealing noises by 5 months
 Difficulty eating (such as listed under "Birth to 2 Months")
 Cannot sit without support
 Cannot push up on his/her elbows while laying on their stomach
 Cannot roll from back to side

# 7 to 9 months Does not look when his/her name is called Does not babble consonants (Example- "bababa", "mamama", "dadada", etc.) Gags or chokes when eating textured foods (Example-grits, mashed potatoes, oatmeal, etc.) Is not beginning to say "mama" or "dada" Does not makes noises to keep/gain attention Cannot close his/her mouth around a spoon Is not trying to feed his/herself finger foods Cannot get into a crawling position Cannot grab & hold a toy Is not crawling



**Delhi Hospital** Outpatient Therapy Services 318.878.6297

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# Pediatric Milestone Checklist

# 12 TO 36 MONTHS

#### 12 to 15 months

Does not change tone of voice when happy, sad, or mad

- Does not follow simple directions (Example-"Bring me your shoes" or "Follow me")
- Does not use 3-5 words
- Does not repeat new words
- Does not speak or point to things to play with or look at
- Does not use/understand the word "no"
- Does not use expressions such as "oh-oh", "no-no", "ta-da", etc.
- □ Is not walking alone
- Cannot sit upright to catch or roll a ball

#### 18 to 24 months

- Cannot name 2-4 pictures while looking at a book
- Does not put 2-4 words together to form short sentences
- Cannot imitate 2-4 word phrases
- Does not use at least 50-100 words
- Does not point to basic body parts
- □ Is not primarily self-feeding
- □ Cannot walk 5 steps backwards

## 33 to 36 months

- Does not respond to questions
   Does not say the beginning sounds of words correctly
   Does not speak in complete sentences
   Does not participate in storytelling
   Strangers cannot understand at least 60-70% of his/her speech
   Cannot walk on their tiptoes
   Cannot catch a ball
- Cannot copy a circle



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15 to 18 months
Does not attempt to sing songs
Does not use 10-15 words
Does not speak while pointing to item
$\square$ Does not use words to communicate needs
Continues to demonstrate eating problems (swallowing issues, "picky eater", choking ,etc.)
Cannot walk up 4-5 stairs without help
Cannot kick a ball
Cannot throw a ball
Cannot hold a marker & scribble

## 24 to 33 months

- Cannot sing phrases of songs
- Does not use three word sentences
- Does not use past tense words (Example- says "He runned" instead of "He ran".)
- Does not express frustration at not being understood
- Does not use 100 words or more
- Does not imitate phrases or experiment with
- Cannot walk up/down 4 stairs without help
- Cannot jump forward two feet
- Cannot string at least 4-5 beads

#### 3 to 4 years

- Cannot answer who, what, where questions
- Cannot say rhyming words
- Cannot talk about their day using at least 4 sentences
- Cannot name objects pointed to in a book
- Does not play well with other kids
- □ Cannot copy a cross "+"
- □ Cannot cut paper using scissors
- Cannot hold a pencil with three fingers
- Cannot sort objects
- Cannot complete age appropriate puzzles

#### 5 to 6 years

- Does not put 2-4 sentences together
- Does not point to letters that are named
- Does not ask questions
- Cannot skip 10 ft. in rhythm
- Cannot catch a bounced ball with hands only
- □ Cannot color in between the lines
- □ Cannot sit still to complete homework or school task for 10-15 minutes

#### 4 to 5 years

Does not follow classroom directions
$\Box$ Cannot name letters, numbers, and colors
Cannot carry on a conversation
□ Does not know the sounds of letters
□ Speech is not understood by strangers
Cannot front roll
Cannot cut simple shapes (circle, square, triangle)
□ Cannot color in between the lines
□ Cannot dress/undress his/her self with buttons and zippers
Does not take turns with others
Cannot copy simple shapes

## 6 to 7 years

- Cannot name letters with their matching sound
- Cannot say /t/, /ng/,/r/, and /l/ sounds
- Cannot read independently and understand stories
- Does not know right from left

Cannot draw a person with at least 8 body parts (eyes, noses, ears, hair, head, arms, legs, etc.)

- Cannot write their name
- Cannot sit to complete homework or school task for 15-25 minutes



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8 to 9 years	9+ years
🗌 Cannot retell a story	Does not follow rules at home or in the classro
<ul> <li>Cannot answer comprehension questions</li> <li>Example- Reading a story but cannot answer questions about the characters, main events, or other elements of the story).</li> <li>Cannot dress/undress his/her self</li> <li>Does not follow classroom rules</li> <li>Cannot read independently and</li> </ul>	<ul> <li>Difficulty concentrating in order to complete a toon time</li> <li>Cannot read age appropriate text</li> <li>Does not have neat/clear handwriting</li> <li>Cannot copy multiple words from a dry erase b</li> <li>Cannot write in a straight line on unlined paper</li> <li>Difficulty with spelling &amp; vocabulary</li> </ul>
<ul> <li>understand stories</li> <li>Cannot write complete sentences that begin with a capital letter and a period</li> <li>Difficulty processing or planning how to solve problems (math equations, puzzles, etc.)</li> <li>Cannot follow at least 3 step commands</li> <li>Cannot perform 8 push-ups in 20 seconds</li> </ul>	<ul> <li>Difficulty with spetting a vocability</li> <li>Does not want to be involved in sports or group activities</li> <li>Does not work well with others to complete a task</li> <li>Does not carry conversation with peers</li> <li>Difficulty passing a standardized state test</li> <li>Child's teacher has expressed concern with physical, social, or academic work</li> </ul>



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