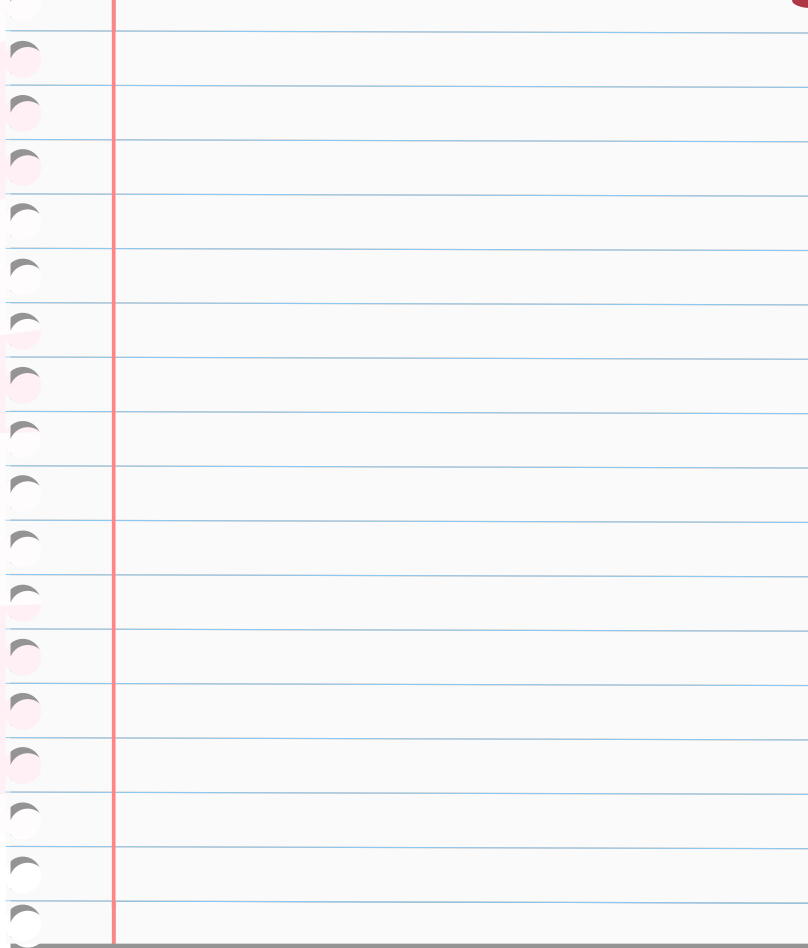


# Share Your Healthy Recipe!



QUESTIONS? CONTACT US:

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[www.DelhiHospital.com/HolidayChallenge/](http://www.DelhiHospital.com/HolidayChallenge/)

# WEEK 1 Mini Challenge



# Healthy Potluck

**YOUR NAME:** \_\_\_\_\_

## **GOAL:**

Participate in the  
**Healthy Potluck Contest**  
on **Tuesday, November 26th**  
from **11:30 AM - 1:00 PM**  
in the **Hospital Classroom.**

## **HOW TO PARTICIPATE?**

To complete the mini challenge, you can either:

- Bring a Healthy Dish to the Potluck
- Stop by to vote on your favorite dish
- For those who can't attend- you can still participate by submitting a healthy recipe to be shared on our Holiday Challenge webpage!



# **HEALTHY POTLUCK**

*Please check one of the following boxes below.*

**I AM BRINGING A DISH TO THE HEALTHY POTLUCK.**

*Thank you so much! Please RSVP by using the sign up form located near hospital time clock by Monday, November 25th. Please share your recipe on the back of this pamphlet!*

**I WILL BE STOPPING BY TO VOTE ON MY FAVORITE DISH.**

*Cast my Vote: \_\_\_\_\_  
(Write your favorite dish at the Healthy Potluck)*

*Virtual Option*

**I AM UNABLE TO ATTEND THE POTLUCK, BUT I WOULD LIKE TO SHARE A HEALTHY RECIPE.**

*Please share your recipe on the back of this pamphlet.*

*Turn this pamphlet in at the Healthy Potluck on Tuesday, November 26th at the Healthy Potluck (preferably) or at Week 2 Weigh Ins.*