Questions?



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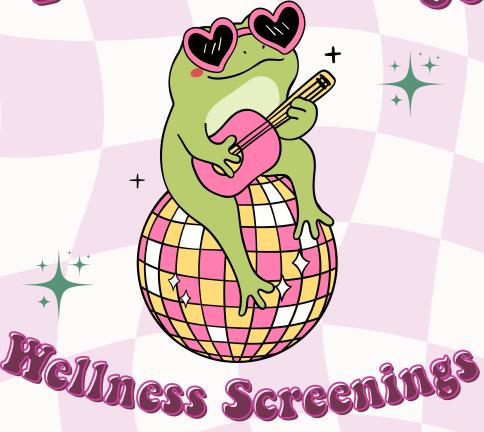
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www.DelhiHospital.com/HolidayChallenge/



MEEK 3 Mini Challenge



DELHI HOSPITAL & CLINICS

Haintain, Don't Gain
Holiday Challenge

We are THRILLED to be able to offer Wellness Screenings this year! This provides a snap shot of your physical health.

We start by measuring your

- Height
- Weight
- Blood Pressure &
 - BMI

Then a finger stick obtains a small sample of blood & measures

- Cholesterol Levels
- Triglycerides &
- Glucose Level

These results are interpreted with person-to-person counseling.



Complete your Employee Wellness
Screening
be entered in to win the
WEEKLY MINI CHALLENGE GIVEAWAYI



Your Name:

Please check one of the following boxes below.

I HAVE COMPLETED MY EMPLOYEE WELLNESS SCREENING!

Thank you so much! You are taking active strides to assess, maintain & improve your physical health.

That is AWESOME!

Virtual Option



