## RICHLAND PARISH HOSPITAL CAFETERIA MENU JANUARY 12, – JANUARY 18, 2025 SERVING TIME: 11:15 – 1:00 PM

## **SUNDAY**

□Baked Chicken w/gravy □Steamed Rice □Seas. Green Beans □Tossed Salad □Cheesecake w/Topp. □Hot Rolls/□Wheat Bread\* □Iced Tea

## MONDAY

□Baked Pork Chops
□Homemade Beef Veg. Soup
□Yam Patties/Gr. Cheese Sdw.
□Mustard Greens
□Fried Squash
□Tossed Salad/Carrot Raisin Salad
□Apple Crisp
□C.B. Muffins/□Wheat Bread\*
□Iced Tea

#### **TUESDAY**

Chopped Beef Steaks
Red Beans & Sausage
Creamed Potatoes/Steamed Rice
Baby Carrots/□Field Peas
Fried Squash
Tossed Salad/Marinated Veg. Salad
Peach Cobbler
C.B. Muffins/□Wheat Bread\*
Iced Tea

WEDNESDAY BBQ Chicken Cheeseburger on Bun w/fixings Potato Salad Green Beans/Baked Beans Corn on Cob Tossed Salad Pound Cake Hot Rolls/Wheat Bread\* Iced Tea

#### **THURSDAY**

Meatloaf w/gravy
Chicken Tenders
Mashed Potatoes /Seas. Fries
Stewed Squash
Lima Beans
Tossed Salad/□Fruit Cup\*
Yellow Cake w/Topp.
C.B. Muffins/□Wheat Bread\*
Iced Tea

## **FRIDAY**

Fried Fish w/Tatar Sauce
BBQ Pulled Pork on Bun w/fixings
French Fries
Okra & Tomatoes
Cole Slaw/

Tossed Veg. Salad\*
Assorted Cookies
Hush Puppies/

White Bread
Iced Tea

#### **SATURDAY**

□Salisbury Steak □Rice □Mixed Vegetables □Tossed Salad □Fruit Cup\* □Wheat Bread\* □Iced Tea

# \*HEALTHY CHOICES\*